DUNES LINES

Happenings in The Villas of Ocean Dunes

November 2024 Issue 23

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Missed seeing an issue of the Dunes Lines? All issues of the Dunes Lines are posted on the Ocean Dunes website:

www.oceandunesflorida.com

No password is needed.

Reminder



Don't forget to change your clocks!



Ongoing Events

Pickleball

Tuesday, Thursday and Saturday 8:30AM Tuesday, Thursday and Sunday 6:00PM Meet at the tennis courts. All levels welcome. Rackets are available to borrow.

Mens Poker
Thursday 7PM at the pool



Happy Thanksgiving!

Welcome New Neighbors!



- 105 Brent & Michelle McTaggart
- 115 Laranjeira's REI LLC
- 121 Charlotte Borbi
- 223 Ellen Trager
- 505 Maeve McPhail
- 1006 Steven & Amy Harman
- 1119 Joshua & Alyssa Bazar
- 1208 John Jarbeau
- 1221 Christopher Benosky
- 1301 Vinton & Anna Buffenmyer
- 1409 Opendoor Property Trust I, A Delaware Statutory Trust
- 1410 Opendoor Property Trust I, A
 Delaware Statutory Trust

Save the Date



Friday, December 6

11:00 am - craft by the pool. Craft will be Christmas cards, a Christmas ornament that can be placed on a gift, Happy Birthday cards and Get Well Cards by Stampin Up. Cost is \$5.00 per person. If interested, please rsvp by text to Suzanne at (860)918-8589. Please include your name in the text.

SMILE You're on Camera



The pool area and tennis courts are now under 24-Hour video surveillance. All activities are being recorded, and you are being videotaped.

The video recording is for surveillance purposes only. The Association does not provide security or protection services. You are responsible for your own safety and should remain aware of your surroundings at all times.

Tennis Courts and HandBall Court

Locks have been added to the Tennis Court and the Handball Court. They use the same key that is used for the pool. If needed see Summer to purchase addition keys for \$75.00 each. Parts have been ordered to make the gates automatically close. Until they arrive please be sure to shut the gate when you leave.



The Gates

"Don't Be Like Brenda" – a light-hearted look at life with "The Gates"

Once upon a time there was a lovely community, and a lovely woman named Brenda lived there. Life was idyllic, until one day, automated gates came to be.

Well, life was not idyllic as "The Gates" learned their place in the lovely community. Perhaps, one might say, they got off to a very rocky start. But slowly, (VERY slowly), "The Gates" and their "Envera Visitor System" began working in harmony, and life was returning to its blissful state. And then...

Enter: the lovely woman named Brenda. Ah yes, Brenda. Brenda was popular and had many friends and family who wished to visit her in her lovely community. But alas, Brenda doesn't tell the "Envera Visitor System" that friends are coming, and lovely Brenda doesn't always answer her phone when "Envera Visitor System" calls. "The gates" become sad and will not open for these guests, and many cars get backed up at the entrance to the lovely community, unable to pass through "The Gates".

What does one do??

Answer: Please, use the Envera app, or call the "Envira Visitor System" and DON'T be a Brenda (even though she's lovely)

As of November 1, the gates are fully virtual. Please be sure to make sure your guest list is updated. You may update your list in one of 3 ways. You can use the Envera App, you can use your computer or you can call.

The Resident Service number for Envera is 877-936-8372.

Please add this to your phone contact information. This is the number that Envera will use if they need to call you. It may also be used to report a problem with the gate and to add visitors to your list if you do not have access to the App or to a computer. If you need help with the App, contact Summer.

The Dunes Gourmet

The Station House

233 W Lantana Rd, Lantana, FL 33462 (<u>561</u>) <u>801-5000</u>



Well worth the ride!

If you like lobster, this is the place to go. They even crack it for you so it is easy to eat. Check out their menu at www.thestationhouse.com.



The Proper Rules and Etiquette for Flying the American Flag

Displaying an American flag is a great way to show off your love for our country. However, your act of patriotism can quickly become (unintentionally) disrespectful if you're unaware of an important set of rules. The U.S. Flag Code established by Congress in 1942, offers guidelines for treating this national symbol with dignity. Below are some of these guidelines; but for the sake of brevity, not all are listed in this article – please refer to the U.S. Flag Code website and the VFW website provided below for a complete list of rules and etiquette.

You can fly the American flag on all days, but the Flag Code *especially* recommends displaying it on Independence Day, as well as other major holidays like Flag Day, Labor Day and Veterans Day.

Take note: Memorial Day has its own flag etiquette. The American flag should be flown at half-mast from sunrise until noon, then raised to full mast for the rest of the holiday.

Only fly a flag at night if it is illuminated. Custom dictates that you should display flags only from sunrise to sunset, but you can keep the stars and stripes flying 24 hours a day if it is properly illuminated during the hours of darkness.

Don't fly the flag when it rains. If the forecast calls for inclement weather, you're not supposed to display the flag — *except* if it's an all-weather flag. However, most flags these days are made of all-weather, non-absorbent materials like nylon, the American Legion states.

Only fly a flag in good condition. No matter how well you take care of Old Glory, sometimes age just wears down a flag. Newer flags made with synthetic materials can be machine washed in cold water with a mild detergent and hung to dry. Older, more fragile flags should be hand washed using Woolite or a similar product. Small tears can be repaired by hand, so long as the mends aren't overtly visible when the flag is displayed. Flags that are overly worn, torn, or faded should be **properly disposed of**.

Dispose of an old flag in a respectful manner. Please contact your local American Legion post to find out if they have flag disposal ceremonies, which commonly occur on Flag Day, June 14. **Local Scout troops** are another resource for disposing your retired flag in a dignified and respectful way.

U.S. Flag Rules and Etiquette Websites:

https://uscode.house.gov/view.xhtml?path=/prelim@title4/chapter1&edition=prelim

https://www.vfw.org/community/flag-etiquette

Pet of the Month

Dino

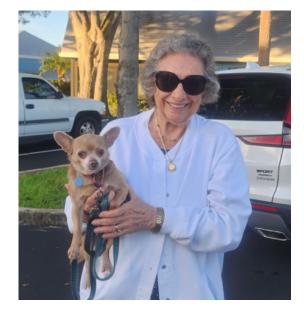
Hello, my name is Dino. I am an eleven year old 8 pound Chihuahua. I live on the 1500 block with my Mom Elaine and human sister Niki. I am fairly new to the neighborhood, almost a year and a half now, and love to say hello by barking at everyone I meet, especially the bigger dogs, the owners of the dogs, the bunnies, the squirrels and the ducks. My Mom tells me not to bark, as my bark is kind of loud for such a tiny dog, and sometimes scares whoever I am barking at.

Anyway, I love living here and I hope if we haven't met yet. we will meet each other soon. M Mom takes me on five 15 minute walks a day. I guess you can say I'm pretty spoiled, especially when the pavement gets hot as my Mom will carry me. I like hanging out at the lake, but my Mom won't let me get too close to it as she doesn't know if I can swim, plus swimming is not allowed in the lake.

My Mom used to be my Grandma. When my now Mom's service dog Missy passed away, around 3 years ago to be with her husband/her human DAD, my first human Mom Mindy, her daughter, decided to give me to her MOM. It was love at first sight. I immediately gave her tons of kisses, jumped into bed wit her and we became buddies right away.

Now that you know who I am and who my Mom Is, please say hello to us when you see us. We both love meeting new people, especially if you own a dog.

Dino and Mom Elaine





Recipe of the Month

Submitted by Tara DeCoursey

Delicious Bacon Cheddar Dip! Found on allrecipes.com

Ingredients:

- ½ cup slivered almonds
- 6 slices bacon (or more if you desire!)
- 1-1/2 cups mayonnaise
- 1 (8 ounce) package sharp cheddar cheese, shredded
- ½ cup thinly sliced green onions
- 1 pinch cayenne pepper

Directions:

- Toast almonds in a dry saucepan over medium heat until lightly golden
- Place bacon in a large skillet and cook over medium-high heat, turning occasionally, until crispy and evenly browned, 8 to 10 minutes. Drain and cool slightly before chopping into bits.
- Combine mayonnaise and cheddar cheese in a mixing bowl. Toss in bacon, green onions, almonds, and cayenne. Stir with a spatula until combined. Wrap and chill in the fridge at least 1 hour before transferring to a serving bowl.





Shaken AND Stirred!

Submitted by Tara DeCoursey

It's no secret we tend to devote a lot of our content to food – recipes, restaurant recommendations, etc., so how about including beverage recipe suggestions to round things out? I encourage you all to submit your favorite alcoholic or non-alcoholic drink recipe; in the meantime, I'll kick things off with a bubbly and refreshing recipe for the Fall/Winter holidays that is great with or without alcohol (and delicious all year round!)

Cranberry Orange Prosecco Cocktail with Rosemary

source: giveitsomethyme.com

Ingredients for 2 cocktails (alcoholic version):

3 ounces cranberry juice

2 ounces orange juice

2 ounces Grand Marnier

8 ounces Prosecco

½ cup cranberries, frozen

2 orange slices, quartered

Fresh rosemary

Directions:

- 1. In a small cocktail pitcher, combine the cranberry juice, Grand Marnier and Prosecco.
- 2. Place ¼ cup of the frozen cranberries and a few quartered orange slices in 2 cocktail glasses.
- 3. Pour ½ the cocktail into each glass, add a sprig or two of fresh rosemary and another orange slice on the rim of the glass. Cheers!

<u>Ingredients for 2 Mocktails (non-alcoholic version):</u>

3 ounces cranberry juice

4 ounces orange juice

8 ounces of either ginger ale, sprite, club soda, or seltzer

½ cup cranberries, frozen

2 orange slices, quartered

Fresh rosemary

Directions:

1. In a small cocktail pitcher, combine the cranberry juice, orange juice and ginger ale (or sprite, club soda, seltzer). Then, follow steps 2 and 3 from above.

Wellness Tip of the Month

ONLINE HEALTH INFORMATION

How many of us turn to Google for health answers? There is an overwhelming amount of health advice on the internet.

According to Consumers Report, Google is not always the best place to start a search. You will increase the odds of finding reliable information if you use a government website. An online search can help you prepare questions for your doctor or get a better understanding of an upcoming test or procedure.

Be wary of Random Users such as social media and online forums. These people may not even have any medical expertise.

Be wary of Product Sellers. Often these are ads that appear after you have done a search. According to Dr. Nosal, she has had patients develop liver failure from taking supplements.

Counterintuitive advice can be dangerous. If you see anything that contradicts official data, remember to mention it to your doctor. It is better if you collaborate with your doctor and work on a plan together.

Answers generated by AI. Research shows that systems like ChatGPT which are sometimes used to answer medical questions may not always be accurate. They are more accurate than symptom checkers but can generate false, but scientific sounding information.

Here are some sites you can rely on:

- 1. Start with your own doctor's patient portal. These often include links to credible resources and a way to ask your doctor less urgent questions.
- 2. The Medical Library Association has a list of useful health websites including government sites and those run by medical associations which tend to be among the most credible. Search "MLA top health websites"
- A. SYMPTOMS AND CONDITIONS: MedlinePlus.gov, NIH.gov, and NHSInform.scot
- B. PUBLIC HEALTH: Including questions about vaccines, CDC.gov
- C. CANCER TREATMENTS RISKS AND SYMPTOMS: <u>Cancer.gov</u> (National Cancer Institute)
- D. HEART HEALTH: <u>Heart.org</u> (American Heart Association)

Remember to share any information with your doctor. You might want to create a list of questions before meeting with your doctor because you may have limited time at your visit.

What to Watch/Stream

by Tara DeCoursey

From Quirky to Intense!

Sometimes we're in the mood for comedy, sometimes we're in the mood for mystery, and sometimes we are just in a mood! LOL. Well, here are a few shows to catch on 'network' OR to stream, whatever mood you're in - enjoy!

- 1) "Matlock" nope, not THAT Matlock a whole new one! This series, which just premiered in the middle of October stars Kathy Bates ('nuff said!). She is an attorney, 'returning' to practice and let's just say, nothing is as it seems even Kathy Bates' character. You can catch this on CBS, or stream on Paramount+, Amazon Prime, Hulu, Youtube TV.
- 2) "Bad Sisters" this is an Irish 'black' comedy focused on the five Garvey sisters, Eva, Grace, Ursula, Bibi, Becka. This takes place in present-day Dublin, and centers around the unexpected death of Grace's abusive, controlling husband, John Paul. You do need to pay attention because the show flips between timelines (before John Paul's death and after). The characters are flawed, funny, fabulous and you'll love them (except for John Paul you'll wish you killed him!). You can stream the entire first season on AppleTV+, and the second season will begin in November.
- 3) "Nobody Wants This" -a romantic comedy starring Kristen Bell and Adam Brody. Bell's character, Joanne is a sex and dating podcaster with a difficult personality who falls for Brody's character, Noah a charming young rabbi. Their navigation of this new romantic relationship is made even more hilarious by the rest of the cast who make up the friends and family members of Joanne and Noah. It's quirky, enjoyable and sweet. The first season is streaming on Netflix, and the show was renewed for a second season thank God! ©
- 4) The Perfect Couple a mystery drama miniseries that is based on a 2018 novel by Elin Hildebrand. A young woman, Amelia, is about to marry into one of the wealthiest families on Nantucket until a shocking death during the wedding weekend turns everyone into a murder suspect. This DARK mystery features a fabulous cast, most notably Nicole Kidman and Liev Schreiber playing Greer and Tag, the parents of the groom. You can stream this 6-episode miniseries on Netflix.

Halloween in the VOOD

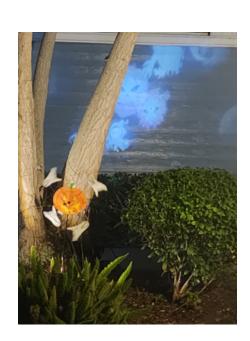


















Hitting a buried line can disrupt utility services, cause **serious** damage, and you can be held financially responsible for damages.

Call 811 before starting any home improvement projects – large or small – that require digging around your home. Failure to do so can result in major damage, and you can be charged significant financial penalties.

It's as easy as 1, 2, 3!

- Notify Dial 811 to notify utilities of your intent to dig a few days before you break ground.
- Walt Wait a few days to allow utilities to send out locators to mark buried lines with paint or flags.
- Confirm Confirm that all utilities have responded to your request before you dig!

Visit www.call811.com for more information.

Classified



A really nice a different decal. If you decide to get one tell her that you saw her card in the Dunes Lines.

As you all know **Audrey** is no longer working at our gates. She is still available to help out with whatever you need – ie. dog sitting, house sitting, cleaning & mail pickup. She can be reached at 561-255-1185.

Reminder



No fishing is allowed in the Lake.

Why you ask? It seems pretty harmless to catch and release them. (You certainly wouldn't want to eat them.) Not everyone has a deck so there is a liability issue of someone stepping on a discarded fish hook. Aside from that, we have a large population of turtles in the lake. If a turtle gets hooked it is nearly impossible to remove the hook. In addition, there is electric wiring in the lake that can be dammaged by the lures.

Worth Repeating

Block Captains

| 100 | Tom Cuomo | tom.cuomo@gmail.com |
|------|------------------|----------------------------|
| 200 | Jill Van Dresser | jvandresser@comcast.net |
| 300 | Don Wilson | doglwi520@gmail.com |
| 400 | MaryAnn Coluccio | coluccio@comcast.net |
| 500 | Cheryl Venet | venetcheryl52@gmail.com |
| 600 | Geri Daniels | redbaroness624@hotmail.com |
| 700 | Jayne Daversa | jayne.daversa@yahoo.com |
| 800 | llene Arons | iga1123@yahoo.com |
| 900 | Carol Kelly | kelleycjip@aol.com |
| 1000 | Carol Kelly | kelleycjip@aol.com |
| 1100 | Donna Malkentzos | capemayscorp@gmail.com |
| 1200 | John Peters | jmpeters@bellsouth.net |
| 1300 | Phil Watson | Watsonplw@gmail.com |
| 1400 | Loretta Rempe | loretta.rempe@yahoo.com |
| 1500 | Jan & Bill Ross | janandbill@aol.com |
| | | |

Hotwire

For ANY Hotwire issues call 800-355-5668.

Gates

The Resident Service number for Envera is 877-936-8372. Please add this to your phone contact information. This is the number that Envera will use if they need to call you. It may also be used to report a problem with the gate and to add visitors to your list if you do not have access to the App or to a computer.

Help Keep Ocean Dunes Beautiful

Please do not throw cigarette butts or other debris into the lake.
Pick up after your dog and dispose the waste properly. Do not leave it on
your neighbors property.

Dumpster Etiquette

Please place all trash in the appropriate container.

All cardboard boxes should be collapsed before disposing them.

If recycling is full or something is too large to fit in the recycle bin please deposit it in the regular garbage bin.

DO NOT LEAVE ANYTHING ON TOP OR OUTSIDE THE BINS

No plastic bags are allowed in the recycle bins.

Landscaping

If you do not want a plant or a hedge trimmed, please see Summer. She will give you a red reflector to put in front of it.

Don't be in left in the dark!

For those walking or driving in Ocean Dunes at night, if there is a lamp post that isn't working, please take note of its location and send an email to Summer at: manager@oceandunesflorida.com.

Keep the Dunes Beautiful

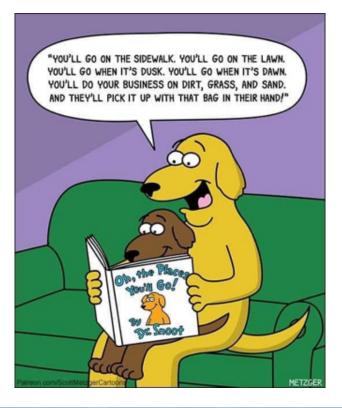
There is no Maid service at the pool!

Please clean up after yourself. All litter should be placed in the trash cans. Umbrellas should be closed when you leave to prevent damage to them. Please rinse off any sand before entering either the pool or the spa. Sand damages the filters. If you turn the fans or the TV on please shut them off when you leave. If no one is at the pool when you are leaving and you see them on, please turn them off.

A Reminder:

Please hold the pool gate until it is shut.

Please do not let the pool gates slam. Aside from being annoying, it will damage the gate.



Please pick up after your pet

So you walk your dog and he/she poops. You pick it up in a poop bag, tie it in a neat knot, and place it on top of the bag dispenser and you think your job is done.

WRONG! Take it to the dumpster,

WRONG! Take it to the dumpster, now your job is done.



Games Available at the Pool and by the Tennis Courts

There are a variety of games in the cabinet located under the books at the pool. Feel free to borrow one. Play at the pool or bring it home to play. Just be sure to return it to the cabinet when you are done with it. If you have a game or puzzle you no longer want place it in the cabinet for others to enjoy. A Giant Connect Four game is available to play at the pool. Please be sure to put the discs back on the holder.

At the tennis courts, in the bin with the bocce balls is a mini version of cornhole. It is for everyone's use. Please be sure to return the pieces to the bin when you are done playing and close the bin to prevent water from ruining the equipment. The horseshoes have been replaced and can be found in the horseshoe pit.

Lost and Found

A bin has been placed behind the bar area at the pool. If you have left anything at the pool check the bin.

Refrigerator Rules



Anything left in the refrigerator will be discarded.

Bulk Pickup

Call Waste Management at 772-546-7700 to schedule a pickup. Bulk pickup items should be placed outside of the dumpster corral **NOT** inside the dumpster area.

Reminders to all Residents

ALL changes to the exterior of your home require Board approval. An Architectural Change form must be submitted to Summer **before** doing any work. This form may be downloaded from the Villas of Ocean Dunes website.

Dumpsters

Contractors are to haul away any debris they create. Please tell them that they are not to use the garbage bins!

Bags with cans and bottles must never be placed in the recycle bins. Empty the bags!

Cardboard boxes must be collapsed. If they are too large they should be placed in the large dumpster.

Parking

Parking is a huge issue in the community. Please use your assigned spots. Guest spots are not for the use of owners on a constant basis. There is overflow parking at the tennis court or at the pool.

No street parking is allowed. Emergency vehicles, waste management trucks and your neighbors need to be able to pass. Do not leave your car in the street overnight!

Tennis Courts

No pets, roller skaters, baby carriages or bicycles are allowed on the tennis courts at any time. They damage the court surface.

Help Out Big Dog Ranch



BIG (and little) DOG RANCH RESCUE DONATIONS

If you have any bed linens, towels, rags, small rugs, bath rugs or blankets that you do not need, please donate to this local dog rescue site. Drop them off on the front porch of 1005. Or, you can call me to pick up from you. Carol 561-758-3361. If I don't answer, please leave a message. I will take all donations (year round) to the rescue site in Loxahatchee. They constantly need these items.

Unopened treats also needed.

Thank you so much for your consideration and caring spirit.

Carol Kelley 1005





Once upon a time, there was a woman named Pancake Patty. She didn't always have that name, it used to be simply, "Patty". But she thought it was a good idea to walk through the automobile gate entrance to her community instead of using the pedestrian gate.

The end.



A Note from the Editors

Thank you to all our contributors.
Without you, this newsletter
would not be possible. A special thank you
to Allison, Kay, Tara, Summer and Lin
for their monthly contributions.

Next Board Meeting:

November 12

Ideas for Contributions:

Pet of the month: Highlight your special pet. All pets welcome to submit. How about you cat lovers out there? Send pictures and a brief bio of your pet.

Dunes Gourmet: Eat some place interesting? Take some pictures of the food. You can describe it if you like.

Recipe of the Month: Share a favorite recipe.

Classified: Have something you want to sell or give away? looking to rent? It's free and you and you will have a wider audience than just posting by the pool.

Items Of Interest: Go someplace fun that you would like to share? Have a cute joke? Have pictures of the community that you would like to share? These are just a few ideas.

Pictures: Share a favorite photo. Holiday pictures would be great.

